

Your Friend THE NURSE



For the Industrial Policy-holders of the
Metropolitan Life Insurance Company

The Visiting Nurse



FYOU are an Industrial policy-holder of the Metropolitan Life Insurance Company, living in a place where we have a Metropolitan Visiting Nurse, you may have her services, if you are sick enough to need a doctor.

No charge of any kind will be made to you, nor will any deductions be made from the face value of your policy when it matures.

The Metropolitan Nurse is paid by the Company for each visit made to an Industrial policy-holder.

The Nurse will carry out the instructions of the physician. She will stay from fifteen minutes to one hour, according to the treatment required.

The Nurse will nurse you after confinement if your policy has been in force nine months or more. Usually she will come eight times. If you are going to have a baby, she will visit you before confinement and instruct you about your diet, clothing, rest, etc., and will tell you how to get ready for your confinement.

METROPOLITAN NURSES DO NOT ATTEND AT TIME OF CONFINEMENT

Policy-holders may not call in at the expense of the Company any nurse but the regular Metropolitan Nurse.

Read the Following Carefully

1. The Nurse may care for you only when your policy and premium receipt book or receipts are shown to her on her first visit.
2. The Nursing Service may not be given to members of the family who are not Industrial policy-holders.
3. The Nurse may care for you only when you have a regular physician or will send for one.
4. The Nurse may not attend at operations, or give special treatments, such as "massage," "electricity" or hypodermic treatments unless you are confined to bed and are not able to visit a hospital, dispensary or physician's office to receive such treatment.
5. Where the Company employs but one Nurse it is not generally possible for her to visit you if any one in the home has a contagious disease.
6. A Visiting Nurse may not stay in your home. She will visit you as required, remaining long enough to do what the physician has directed and to instruct some member of your family, or a neighbor, how to take care of you between visits.
7. Send for the Nurse when you are sick enough to have a doctor. Should your sickness become chronic, the Nurse will make a few visits to teach some member of your family how to care for you.

How to Get the Nurse

1. Post the mailing card,
or
2. Tell your Agent,
or
3. Telephone or send some one to
the Company's office,
or
4. Telephone to or send some one for
the Nurse.



Things to Remember

Always have a mailing card in your home.

Keep it in your premium receipt book or with your receipts, so that you will know where it is in case of sickness.

If you need more mailing cards, ask the Agent or the Nurse for them.

Have your policy and premium receipt book or receipts ready when the Nurse calls.

Look in *The Metropolitan* for the name and address of the Nurse.



Send for the Nurse When
You Need to be Nursed

